

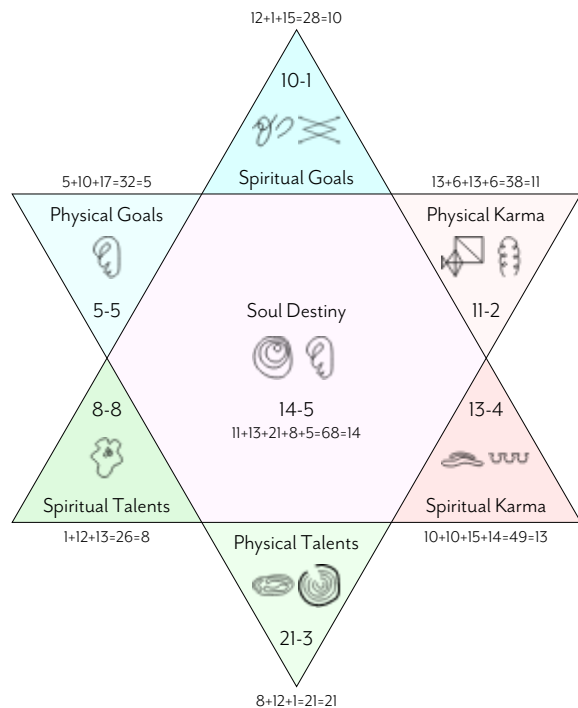
# Michael William Sampson

FULL BIRTH READING (ABBREVIATED)

A SUMMARY OF YOUR SOUL CONTRACT: WHO YOU ARE AND WHY YOU ARE HERE

## YOUR BIRTH CHART

M-I-C-H-A-E-L-W-I-L-L-I-A-M-S-A-M-P-S-O-N  
 13-10-8-1-5-12-6-10-12-12-10-1-13-15-1-13-17-15-6-14



## EXPLANATION FOR THE COLOURS

- Physical Karma: Emotionally charged challenges to be worked through
- Physical Talents: Natural abilities that give forward motion to your life
- Physical Goals: Your aspirations for what to achieve in the world
- Spiritual Karma: Emotionally charged challenges to be worked through
- Spiritual Talents: Natural abilities that give forward motion to your life
- Spiritual Goals: Your aspirations for what to achieve in the world
- Soul Destiny: The final state of being you are to attain in this lifetime

## YOUR SOUL CONTRACT BIRTH READING IN A NUTSHELL

**Physical Karma 11-2** Unresolved issues for you to overcome in your outer world

To overcome the feeling of being lost in life by building a viable structure for fully engaging with life. To learn emotional resiliency, to become wise from taking foolish, impulsive actions.

**Physical Talents 21-3** Your latent and active abilities and strengths in your outer world

Possess great inner strength and ability to endure and overcome big challenges and hardships. You have the ability to bring internal concepts into reality, a good communicator/teacher.

**Physical Goals 5-5** Your dreams - what you live for in your outer world

To open the mind to the soul and teach.

**Spiritual Karma 13-4** Unresolved issues for you to overcome in your inner world

Learning to overcome heart wound from the Mother. Learning to trust in the flow of abundance such as love, knowledge, money and yourself, and how to share it with others.

**Spiritual Talents 8-8** Your latent and active abilities and strengths in your inner world

Ability to be grounded and working hard to reach out and relate to society with your spiritual energy.

**Spiritual Goals 10-1** Your dreams - what you live for in your inner world

To achieve conscious mastery of self in this lifetime. Striving to become stable and use power properly.

**Soul Destiny 14-5** Your life purpose - the meaning of your life - why you are here

To find out who you truly are through a series of emotionally intense relationships. To open the mind to the multi dimensional nature of your existence.

Now read on to go deeper into the absolute truth of your life



# Michael William Sampson

FULL BIRTH READING (ABBREVIATED)

## WELCOME

Welcome to the abbreviated version of your Soul Contract Full Birth Reading, Michael.

It will reveal to you multiple layers of the deepest truth of who you are at a spiritual level. If you have already done a lot of work on yourself, you may be familiar with much of what is said and it will likely also give you new insights you haven't considered before. Absorbing your reading is an ongoing process that will continue to unfold in the weeks, months and years ahead.

Our intention is that it will support you in living your life to be the best expression of yourself that you possibly can. This work has been used for over 30 years and many people's lives have been significantly and dramatically transformed as a result of receiving their Soul Contract Reading. We hope you will benefit in many ways from your reading and we have designed it to do everything it can to support you in attaining that. This abbreviated PDF includes the following sections:

- Welcome - Welcome to your Soul Contract Birth Reading
- Chart - Your Birth Chart is at the very core of your Soul Contract Birth Reading
- Summary - Your Soul Contract interpretation highlights
- Interpretation - Detailed interpretations of and recommendations for each of the seven aspects of your Birth Chart
- Your Complete Birth Reading - Go Into Greater Depth with Your Complete Birth Reading

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FULL BIRTH READING (ABBREVIATED)

## WHAT IS IT FOR

One of the most valuable things in our own personal life toolkit is a good understanding of who we are and what it is we are here to do - and having that knowledge enables us to thrive. This is often earned through many challenging life experiences and moments of insight and clarity, but it can be at times a long and arduous slog.

Your Soul Contract Reading gives you a fast track to a deep understanding of your own unique makeup at a spiritual level and helps you to identify and engage fully with your multi-faceted life purpose. It doesn't do your inner work for you, but it will give you profound insights that will support you in becoming the greatest possible and most fulfilling expression of who you are.

It uses channelled Ancient Wisdom to reveal the absolute truth of how your life is really meant to work and empowers you to manifest your Soul Destiny (Life Purpose). Your Soul Contract Birth Reading is an accurate, in depth system of spiritual interpretation that decodes the secrets of the blueprint of your life hidden within your birth name.

It is about receiving the absolute truth of what your life is really about, where you are able to put all those disparate experiences in your life into the context of the bigger picture of why your soul is here on Earth.

It will empower you to understand yourself at the deepest level and give you the tools to overcome your karma, actualise your talents and achieve your goals. This will eventually result in the alignment to and manifestation of your Soul Destiny so as to transform your life into one of great fulfilment.

Although this Full Birth Reading will give you an in-depth transmission of your own unique spiritual makeup, a live reading with a skilled and experienced practitioner is a much more personalised experience. This is where they will assess where you are in your life in the present moment and answer your specific questions related to the challenges you currently face. Then they will take you from this place and come up with focused strategy on how to move forward. We describe the Go Deeper sessions offered by practitioners in the complete version of your reading PDF.

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# Michael William Sampson

FULL BIRTH READING (ABBREVIATED)

## NAVIGATE YOUR READING

Before you get stuck in and find out what your reading contains, we suggest you first take some time to read what we have written here to help you make the most of your experience.

Your reading contains a great deal of information about you and your life and has been designed so it is revealed to you in manageable layers. It includes guidance within it to help you navigate it and we recommend you go through the pages in order.

Go at your own pace - some people like to dive in and keep going whilst others prefer to digest a bit at a time to give them time to absorb and integrate what their reading contains. Everybody reaches saturation point at some stage and we recommend you pause when this happens and come back to continue with your reading when you feel fresher. You may also have strong emotional reactions to some of what you read - this is quite normal - you may want to stop, take a break and breathe if this happens.

You will almost certainly find that you need multiple passes to absorb the full content of your reading - each time you go through, you will likely be aware of something you have not noticed before.

This is the abbreviated version of your reading which we recommend you read first to give you an overall feel for the key interpretations and recommendations in your Birth Reading.

We want you to get the very best from your reading and for it to have the best possible positive impact on your life, so maybe take a few deep breaths now, get into a calm and grounded space and when you are ready, go to the next page where we will look at your Birth Chart.

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# Michael William Sampson

FULL BIRTH READING (ABBREVIATED)

## YOUR SOUL CONTRACT

### Your Birth Name

You are an eternal being on a human journey and your soul chose what it wanted to experience in this lifetime and what your physical, emotional, mental and spiritual makeup would be to support your expression of this. Everything is vibration and this unique blueprint was encoded in sound to create your birth name. You then transmitted your name to your parents (who think they chose your name) and your Soul Contract Reading decodes what is hidden within your birth name to give you a deep multi-layered insight into who you really are and why you are here.

### Your Birth Chart

We start your reading by showing you your Birth Chart, which is at the very foundation of your Soul Contract and is calculated from the letters of your Birth Name. In Soul Contract Reading, there are seven aspects (these describe the meaning of different parts of your life) to your life and your Birth Chart is based around the Star\_of\_David with each aspect corresponding to one of the seven sections of the chart.

There is further explanation after the chart.

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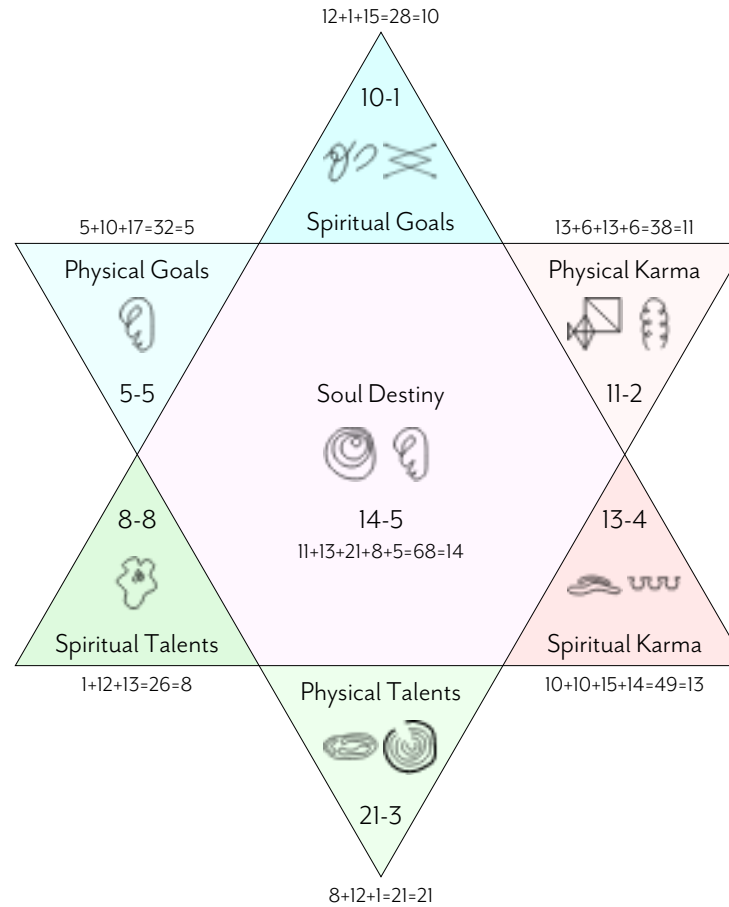


# Michael William Sampson

FULL BIRTH READING (ABBREVIATED)

## YOUR BIRTH CHART

M-I-C-H-A-E-L-W-I-L-L-I-A-M-S-A-M-P-S-O-N  
13-10-8-1-5-12-6-10-12-12-10-1-13-15-1-13-17-15-6-14



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# Michael William Sampson

FULL BIRTH READING (ABBREVIATED)

## ABOUT YOUR BIRTH CHART

### Overview

Your Birth Chart has been generated by decoding (how we convert the letters of your Birth Name into the aspects of your Birth Chart) your Birth Name. The letters of your Birth Name are mapped to their equivalent numbers, which are then placed around the Star\_of\_David until they have all been used up. Some simple numerology is then performed to derive the number pairs for each aspect (e.g. Physical Karma). Each aspect has a matching symbol. The numbers and symbols together deliver the energetic transmission to your soul.

The large downward pointing triangle represents the energies of your physical, outer world life, how your personality initially forms and interacts with society. The large upward pointing triangle represents the energies of your spiritual, inner life, how you are meant to connect with higher consciousness so as to embody it and then express it into the world.

The exact details of how your Birth Chart is calculated are included in the Nerd Section in the complete version of your reading PDF, but we will first focus on what these aspects and numbers mean.

### Explanation for the Colours

Physical Karma: Emotionally charged challenges to be worked through

Physical Talents: Natural abilities that give forward motion to your life

Physical Goals: Your aspirations for what to achieve in the world

Spiritual Karma: Emotionally charged challenges to be worked through

Spiritual Talents: Natural abilities that give forward motion to your life

Spiritual Goals: Your aspirations for what to achieve in the world

Soul Destiny: The final state of being you are to attain in this lifetime

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# Michael William Sampson

FULL BIRTH READING (ABBREVIATED)

## YOUR BIRTH READING SUMMARY

Now we look at your Birth Reading Summary, which has a top level interpretation for each aspect, giving you a taste of what your Soul Contract says about you.

This includes a description of what each aspect represents in your life and a high level interpretation of what this means for your particular aspect numbers.

We now also include summary recommendations of how to work through each aspect to be able to live your life most effectively.

We suggest you take some time to read, re-read and absorb what is on this page - give yourself time to feel and absorb what it says and anything it may trigger. This will make it easier to integrate later.

Below we have included your Birth Chart without calculations to help you focus on the numbers and symbols followed by the Summary interpretations and recommendations.

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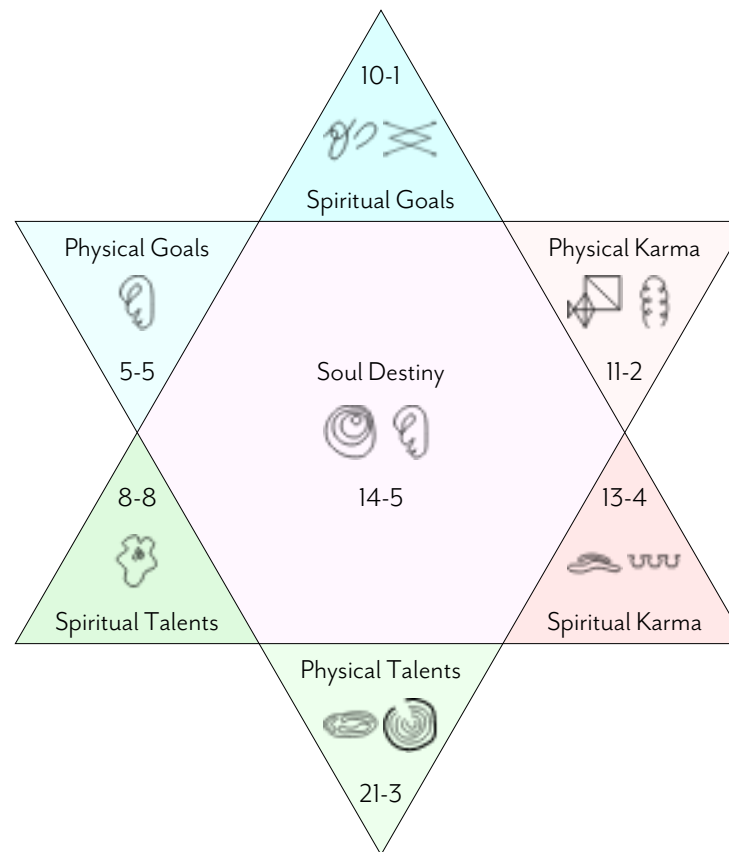


# Michael William Sampson

FULL BIRTH READING (ABBREVIATED)

## YOUR BIRTH CHART

M-I-CH-A-E-L-W-I-L-L-I-A-M-S-A-M-P-S-O-N



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# Michael William Sampson

FULL BIRTH READING (ABBREVIATED)

## YOUR FULL BIRTH READING IN A NUTSHELL (1 of 2)

### Physical Karma 11-2 Unresolved issues for you to overcome in your outer world

Summary: To overcome the feeling of being lost in life by building a viable structure for fully engaging with life. To learn emotional resiliency, to become wise from taking foolish, impulsive actions.

Recommendations: Discern what is your truth and live according to it. Become balanced and learn wisdom.

### Physical Talents 21-3 Your latent and active abilities and strengths in your outer world

Summary: Possess great inner strength and ability to endure and overcome big challenges and hardships. You have the ability to bring internal concepts into reality, a good communicator/teacher.

Recommendations: Unblock anger and rebellion and harness this energy into strength and service. Learn conscious communication from the depths of your soul.

### Physical Goals 5-5 Your dreams - what you live for in your outer world

Summary: To open the mind to the soul and teach.

Recommendations: Speaking your truth grounds the energy and makes it tangible and accepting yourself as a pioneer.

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# Michael William Sampson

FULL BIRTH READING (ABBREVIATED)

## YOUR FULL BIRTH READING IN A NUTSHELL (2 of 2)

**Spiritual Karma 13-4** Unresolved issues for you to overcome in your inner world

Summary: Learning to overcome heart wound from the Mother. Learning to trust in the flow of abundance such as love, knowledge, money and yourself, and how to share it with others.

Recommendations: Heal your heart so it opens up to sharing the love of the Divine Feminine. Become worthy of receiving the flow.

**Spiritual Talents 8-8** Your latent and active abilities and strengths in your inner world

Summary: Ability to be grounded and working hard to reach out and relate to society with your spiritual energy.

Recommendations: Look after the body, connect to the Earth, set clear boundaries and enjoy life.

**Spiritual Goals 10-1** Your dreams - what you live for in your inner world

Summary: To achieve conscious mastery of self in this lifetime. Striving to become stable and use power properly.

Recommendations: Use your spiritual energies in integrity to serve others. Spiritual discipline, eg meditation, yoga or martial arts.

**Soul Destiny 14-5** Your life purpose - the meaning of your life - why you are here

Summary: To find out who you truly are through a series of emotionally intense relationships. To open the mind to the multi dimensional nature of your existence.

Recommendations: Chill out, spend time alone and learn to accept your self. Speaking your truth grounds the energy and makes it tangible and accepting yourself as a pioneer.



# Michael William Sampson

FULL BIRTH READING (ABBREVIATED)

## YOUR FULL INTERPRETATIONS

We now turn to the the abbreviated version of Full Interpretations for each aspect, starting with Physical Karma and ending with Soul Destiny. Your Full Interpretations are right at the heart of your Soul Contract and form the bulk of your reading.

### Absorbing the Meaning

Absorbing the full meaning of your reading is an ongoing rather than a one-off process. You may not get all of the meaning of the interpretations straight away because of the level of truth they resonate at - it takes time to assimilate them. Therefore it is necessary to revisit the different layers of interpretations several times in order for the transmission to enter your consciousness more fully. This is fine and is the normal process for learning this work.

We would like to emphasise to you that practice makes perfect. Just allow it to gently percolate in; there is no need to create strain in this process. We suggest you go with your natural learning flow here. Be patient. When you do, this will pay great dividends, as you will get the result you are seeking which is the full decoding of your Soul Contract and the understanding of the Spiritual Map of Your Life so you can then get on and fully live it.

Think of a comparison with learning to drive. You don't simply get into a car and start driving it - it takes time to learn and practice and after you put in the effort, it becomes second nature and you don't need to think about it. With a car you are usually aiming to get from A to B and there are maps or satnavs (satellite navigations) to help you get there.

Think of your Soul Contract Reading as a sort of spiritual satnav - it will give you some support and guidance in mastering your life, but it is up to you to do the work - and to determine where you are going and what the best way is for you to get there.

### How Your Abbreviated Interpretations are Structured

The abbreviated interpretations for each aspect come in 2 parts:

- Core Interpretation – the central foundations
- Recommendations – guidance for things you can do to help you work through the aspects.

Please note these detailed interpretation guidelines are only shown on this Physical Karma page, but also apply to all other interpretation pages.



# Michael William Sampson

FULL BIRTH READING (ABBREVIATED)

## NAVIGATE YOUR INTERPRETATIONS

### Energies Running

As you read through your interpretations, you may find that some of what it contains is absolutely spot on and describes you to a tee, whilst some other things just don't sound like you at all. This is perfectly normal - it has to do with the particular energies running for you in your chart and can happen for a number of reasons. Sometimes the soul only uses a subset of the energies available for a given number - to enable you to focus on particular areas for your growth on your soul journey. It also depends on what stage of life you are at. Some of the issues you may already have worked through, so they don't really apply any more, and some may be waiting hidden beneath the surface, but are not yet ready to activate.

As a result, at this point in your spiritual journey, you may only resonate with a subset of the interpretations which is perfectly normal. So just highlight them and be present with the truth that is being revealed to you. This will enable you to avoid being overwhelmed by the vast scope of the interpretations. These form the essence of the meaning of your Soul Contract Chart. Think of them as key word/phrases that feed into this overall story of your life. Feel into this story that is being told to you by your soul. Write down the realisations and connections between the various highlighted interpretations and between the aspects that come to you.

### Transmission not Just Information

When you read through your interpretations, you may find that the language sometimes appears to be a bit strange at first. This is because this is not just giving you information, but it is a transmission to your personality on multiple levels to awaken you to the truth of your soul's journey. We have already mentioned how the numbers and symbols are part of the transmission as is the information content within the interpretations. But there is also a component which is transmitted to you subconsciously via the vibration of the language and this can be experienced in different ways, depending on how you are "wired".

You might find you suddenly just "get" something - without any explanation - or even really understanding at a mental level what is going on or you might feel something different in a specific part of your body or throughout your body. The way that you absorb the full power of your reading is unique to you and although the information is an important part of it, it is by no means the whole story. We will be building up the interpretation of your Soul Contract Reading in layers so it gradually takes on more depth.

So now let's continue by looking into your Physical Karma

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FULL BIRTH READING (ABBREVIATED)

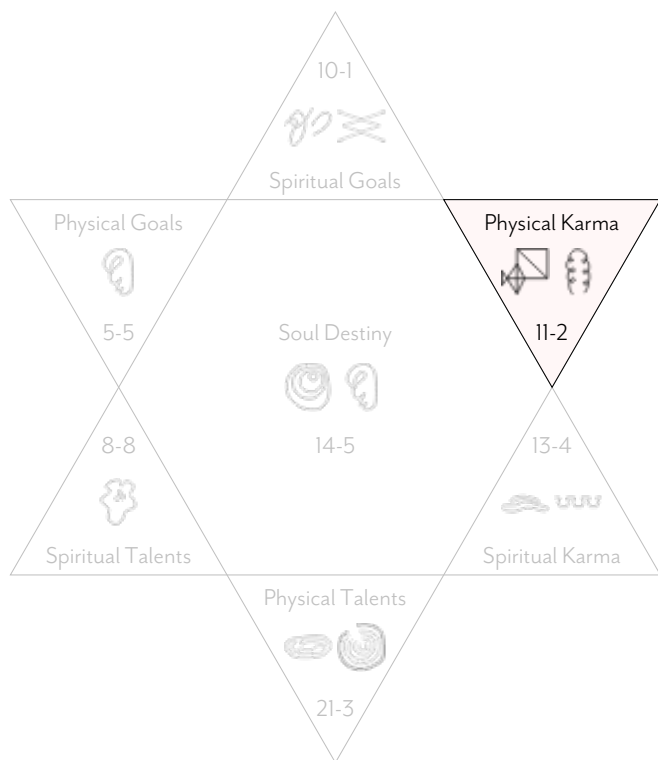
## YOUR PHYSICAL KARMA

## PHYSICAL KARMA

This is a selection of unresolved past life issues the soul has brought into this lifetime to create the negative context in your life with respect to your physical outer world life.

If you are new to the spiritual development path, some of these issues may feel very strong emotionally. If this is the case, please note that they have only been placed in your Soul Contract by your soul for you to become conscious of them, to have the feeling experience of moving from the negative experience of them into their positive qualities, as you transmute them. These are the gifts of service you are to bring to the physical part of your life. For this is the spiritual growth journey the soul desires for this lifetime.

If you have been on the path for a while, some or all of these issues may no longer resonate with you as you may have worked through some or all of them already.



# Michael William Sampson

FULL BIRTH READING (ABBREVIATED)

## YOUR CORE INTERPRETATIONS

Your Core Interpretations form the very foundation of your Soul Contract Reading and highlight the main "headlines" of who you are at a spiritual level in this incarnation.

Some of the interpretations may seem completely unrelated - this is because each vibration is multi-faceted - and as you come to have a greater depth of understanding of the Soul Contract work, you will have a deep knowing of how these different facets are in fact related.

Reading the Core Interpretations is an art form in itself. You may find you read one of the interpretations and get an immediate deep recognition of an aspect of your truth. Or you may look at it and think it's completely irrelevant to you. Or you may read it and find it doesn't even make any sense. All of these are completely normal (we touched on this earlier on) and there are plenty of other possible reactions as well.

### Strong Emotions

Sometimes you may read something that triggers a strong emotion in you, maybe where what is mentioned is linked with a traumatic experience in your past. If this happens, a good way to handle it is to focus on the feeling in your body. Let go of any story or thoughts about it for the moment and feel the physical sensation. Rather than labelling the sensation (with an emotion word) or judging it (as a bad feeling), just feel into it as it is and surrender into allowing it to be. Resisting a strong emotion is what causes it to be painful - but feeling into it - and maybe accepting it's very strong, a remarkable transformation can take place - not necessarily immediately, but the process of feeling challenging feelings without resistance can have magical beneficial outcomes.

This technique can take some practice to master as the ego is fickle and tries to find ways to avoid processing these feelings as its job is to keep you suffering and separate from God. But if and as you become adept at this way of dealing with emotions, you will almost certainly find your life will transform in dramatically positive ways.

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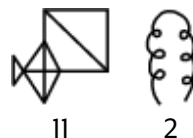
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# Michael William Sampson

FULL BIRTH READING (ABBREVIATED)



## GENERIC CORE INTERPRETATION Primary insights into your spiritual journey

### Your Karma 11 Journey

Do you feel lost at times when faced with a new structure in life, even though you are very intelligent, and it takes you longer than average to learn something new?

Karmic patterns for transmuting	The positive state to attain
Lessons in death	New Life
Inability to achieve balance	Finding your balance
Tendency to avoid goals	Achieving your goals
Taking on dysfunctional patterns	Becoming discerning
Having a tendency to become dependent	Becoming independent
Having difficulty assimilating information	Developing your own unique structure of truth

Summary: Lack of structure, feeling lost, transforming the experience of death into new life

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# Michael William Sampson

FULL BIRTH READING (ABBREVIATED)

## GENERIC CORE INTERPRETATION Primary insights into your spiritual journey

### Your Karma 2 Journey

Were you easily shocked as a child or get into trouble for saying or doing impulsive things?

Karmic patterns for transmuting	The positive state to attain
Lessons in Foolishness	Wisdom, for sharing with others
Lack of proper judgement	Objective, wise decision making
Lack of balance	Coming into balance
Being hypersensitive	Becoming emotionally resilient

Summary: Lack of resiliency and transforming foolishness into wisdom

## ASPECT SPECIFIC CORE INTERPRETATION Primary insights into your spiritual journey

### Your Physical Karma 11-2 Journey

Karmic patterns for transmuting	The positive state to attain
Being reticent to achieve	Achieving something new
Dependence on others to function in the World	Independence from others
Feeling lost	Learning to assimilate new structures
Lack of resiliency	Developing emotional resiliency



# Michael William Sampson

FULL BIRTH READING (ABBREVIATED)

## YOUR RECOMMENDATIONS

Each number has recommendations of things you can do to work through or with that vibration. These recommendations are not dependent on what type of aspect it is (i.e. karma, talents or goals), but they are all tuned to the particular vibrations associated with that number. For a karmic aspect, they may be particularly beneficial in helping you work through things, but for a talent, they just might feel good and right to you.

When practitioners give live readings to clients, it is common for the clients to say "done that" or "doing that" to many of the recommendations. This is a very good sign and shows you are already on track in your journey in this lifetime.

There may also be recommendations for something you have not tried before - maybe you had thought of it, but never actually taken that first practical step - or maybe it's something completely new to you. Whichever the case, it could be worth giving it a try and see what happens - it could have remarkable positive results for you. If it just doesn't work for you, it can be that with persistence, it is something that transforms and really ends up helping a lot - and you will be glad you stuck with it.

Your Soul Contract is here to be empowering for you - to help you navigate your life, but it's not there to live your life for you. It's really important that with any recommendation, you treat it as a suggestion and you decide how you feel about it and how much, if at all, to pursue it.

**Highlight the recommendations that resonate on how to work through all the aspects, especially for overcoming your karma, bringing your talents online, achieving your goals and manifesting your Soul Destiny.**

Also some recommendations may be really relevant to your life experience and how your unique individual self is put together, whereas others are for minor aspects of your particular life that maybe don't need so much working on.

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# Michael William Sampson

FULL BIRTH READING (ABBREVIATED)



11

## RECOMMENDATIONS For working with this aspect

Recommendations for transmuting your Physical Karma 11  
**You need to build structure of truth**

Release other's imprints

Build your own structure of truth

Feel rather than percieve the reality

**Summary: Discern what is your truth and live according to it**

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FULL BIRTH READING (ABBREVIATED)



2

## RECOMMENDATIONS For working with this aspect

### Recommendations for transmuting your Physical Karma 2 You need to clear shock and trauma

You need a gentle healing approach

Practices such as yoga, Tai Chi and dance

Body work such as massage

Explore other belief systems

Explore frequency tools

Summary: Become balanced and learn wisdom

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FULL BIRTH READING (ABBREVIATED)

## YOUR PHYSICAL TALENTS

## PHYSICAL TALENTS

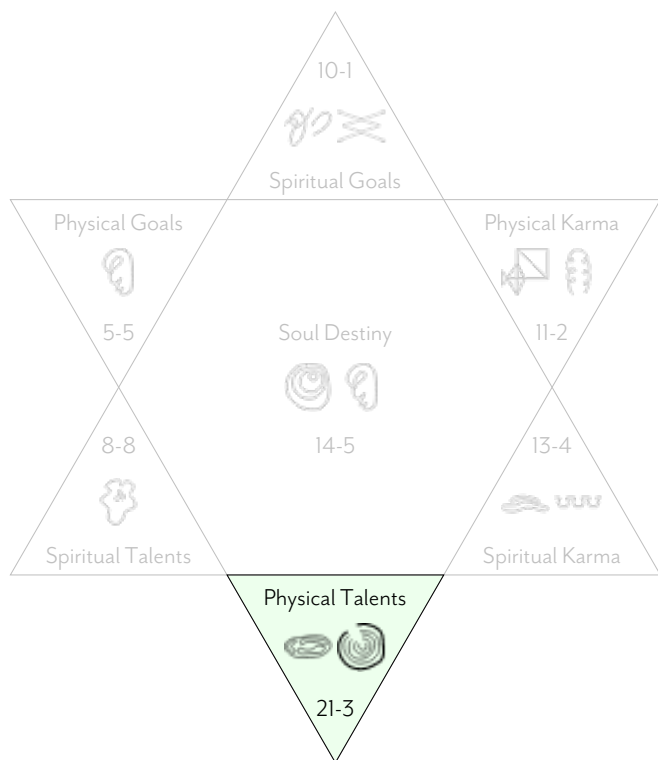
This is the set of latent abilities within your ego personality that are to be brought up into consciousness and honed into their full positive expression by working through the physical karmic issues that are activated from the moment you were born.

At the beginning of your lifetime you usually have a small element of the karmic aspect of a given number within them that needs to be worked through in order to start manifesting their positive qualities.

As the Physical Talent energies flow into your Physical Karmic aspect, their ability to overcome these karmic issues depends upon on their relative power and quality versus the karmic issues.

As the Physical Talents get stronger through time by working through the Physical Karmic issues, they allow you to start working towards manifesting your Physical Goals. The ability of the Physical Talents to help you manifest more of your Physical Goals depends on their relative power and quality.

This flow of energy from the Physical Talent aspect to the adjacent Physical Karma and Physical Goal aspects is called the "fulcrum of the talents".



# Michael William Sampson

FULL BIRTH READING (ABBREVIATED)



GENERIC CORE INTERPRETATION Primary insights into your spiritual journey

## Your Talents 21 Journey

You possess great inner strength

Serving God

**Summary: The ability to endure and overcome big challenges and hardships**

GENERIC CORE INTERPRETATION Primary insights into your spiritual journey

## Your Talents 3 Journey

Ideas originating from internal actions

You are intuitive and creative

Teaching from the soul

Communicator

Interest in sexuality

**Summary: Communication of deep soul wisdom**

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ASPECT SPECIFIC CORE INTERPRETATION Primary insights into your spiritual journey

Your Physical Talents 21-3 Journey

Endless energy to achieve

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# Michael William Sampson

FULL BIRTH READING (ABBREVIATED)



21

## RECOMMENDATIONS For working with this aspect

### Recommendations for actualising your Physical Talents 21

**You need to overcome challenges**

Focus on what you are trying to achieve

You need movement, physical activity

Healing for the disempowerment

**Summary: Unblock anger and rebellion and harness this energy into strength and service**

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FULL BIRTH READING (ABBREVIATED)



3

## RECOMMENDATIONS For working with this aspect

### Recommendations for actualising your Physical Talents 3

You need to become worthy of love

Express feelings	You need healing
You need to rebuild worthiness	Ear candling to clear energy blockages
Expressive activities like acting	Become conscious of spending
Apply three criteria to buying decisions	Tithing of 10% of your gross income
Give away things	Have people speak in your left ear
Tachyon Sexual Tonic for Men	

Summary: Learn conscious communication from the depths of your soul

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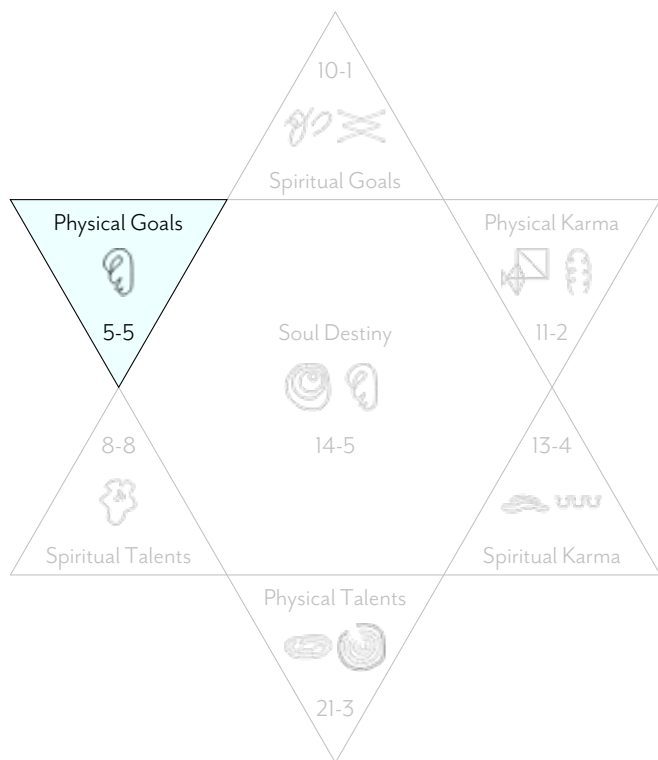
# Michael William Sampson

FULL BIRTH READING (ABBREVIATED)

## YOUR PHYSICAL GOALS

## PHYSICAL GOALS

These are like the dreams you have for your physical life, the underlying drive within you that gets you out of bed in the morning - in short, what you really live for.



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# Michael William Sampson

FULL BIRTH READING (ABBREVIATED)



5

GENERIC CORE INTERPRETATION Primary insights into your spiritual journey

Your Goals 5 Journey

Open mind to the soul

Summary: Opening your mind to your soul and stepping forward to speak this truth

ASPECT SPECIFIC CORE INTERPRETATION Primary insights into your spiritual journey

Your Physical Goals 5-5 Journey

Intuitive expression

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FULL BIRTH READING (ABBREVIATED)



5

## RECOMMENDATIONS For working with this aspect

### Recommendations for achieving your Physical Goals 5

You need to learn to speak the Truth

Healing for any abuse

You need physically grounding activities

Keeping a diary may be helpful

Expressive activities such as singing

Space clearing due to your sensitivity

Attending an assertiveness course

Summary: Speaking your truth grounds the energy and makes it tangible and accepting yourself as a pioneer

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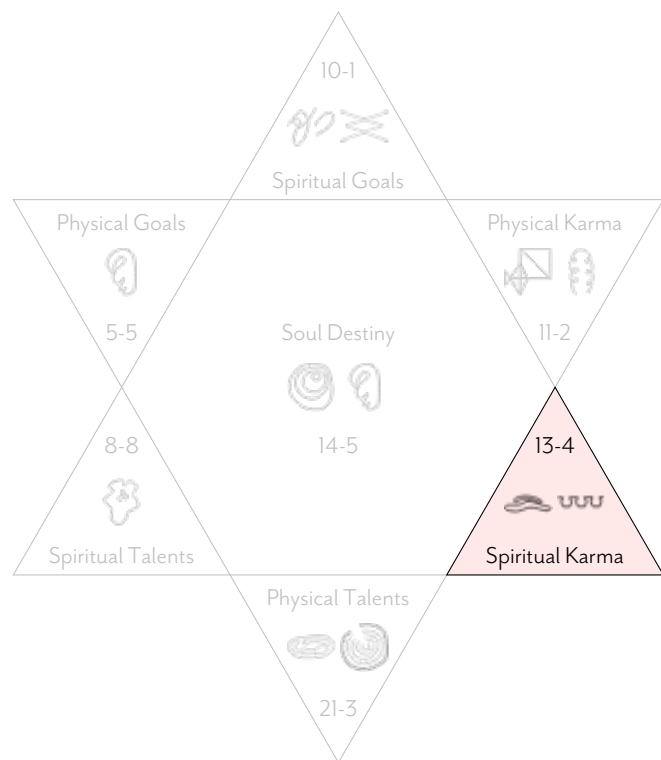
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# Michael William Sampson

FULL BIRTH READING (ABBREVIATED)

## YOUR SPIRITUAL KARMA



## SPIRITUAL KARMA

This is a selection of unresolved past life issues the soul has brought into this lifetime to create the negative context in your life with respect to your spiritual inner life.

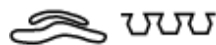
If you are new to the spiritual development path, some of these issues may feel very strong emotionally. If this is the case, please note that they have only been placed in your Soul Contract by your soul for you to become conscious of them, to have the feeling experience of moving from the negative experience of them into their positive qualities, as you transmute them. These are the gifts of service you are to bring to the spiritual part of your life. For this is the spiritual growth journey the soul desires for this lifetime.

If you have been on the path for a while, some or all of these issues may no longer resonate with you as you may have worked through some or all of them already.



# Michael William Sampson

FULL BIRTH READING (ABBREVIATED)



13 4

## GENERIC CORE INTERPRETATION Primary insights into your spiritual journey

### Your Karma 13 Journey

When you were younger did you experience an imbalance in your relationship with your mother where there was either a disconnection from her feminine energy or she was too smothering or did you end up Mothering her at some stage in your life or do you really want to take care of everyone?

Karmic patterns for transmuted

The positive state to attain

Tendency to be self-indulgent

Looking after others

Closed heart

Open heart

Summary: A heart blockage to love, self-indulgence and neglecting the needs of others

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FULL BIRTH READING (ABBREVIATED)

## GENERIC CORE INTERPRETATION Primary insights into your spiritual journey

### Your Karma 4 Journey

Have you felt unworthy to receive the flow of abundance in life, or lacked trust that it would ever come to you, that there is never enough time, energy, money and love for you or felt selfish as a child?

Karmic patterns for transmuting	The positive state to attain
Lessons in being Barren	Becoming fruitful
Unworthy to receive	Worthy to receive
Self-centred	Sharing of yourself
Unexpected children	Sharing unconditionally with your children
Can have low self-esteem	Developing high self-esteem
You may be duplicating selfishness	Duplicating and sharing of yourself
Lacking trust in the flow	Learning to totally trust

Summary: Lack of trust in the flow of the Universe

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FULL BIRTH READING (ABBREVIATED)

## ASPECT SPECIFIC CORE INTERPRETATION Primary insights into your spiritual journey

### Your Spiritual Karma 13-4 Journey

Karmic patterns for transmuting	The positive state to attain
Unable to look after those in need	Becoming their protector
Feeling unable to create	Acknowledging your wealth as a creator
A lot of value judgements	Letting these go
Feeling unworthiness to receive love	Becoming worthy to receive love

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FULL BIRTH READING (ABBREVIATED)



13

## RECOMMENDATIONS For working with this aspect

Recommendations for transmuting your Spiritual Karma 13  
**You need to reconnect to the Divine Feminine**

Healing to open the heart

Spending time with children

**Summary: Heal your heart so it opens up to sharing the love of the Divine Feminine**

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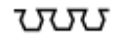
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FULL BIRTH READING (ABBREVIATED)



4

## RECOMMENDATIONS For working with this aspect

### Recommendations for transmuting your Spiritual Karma 4 You need to trust

Counselling and healing

Any form of group/community work is good

Spend time with children

Going with the flow of nature

You need unconditional love

Summary: Become worthy of receiving the flow

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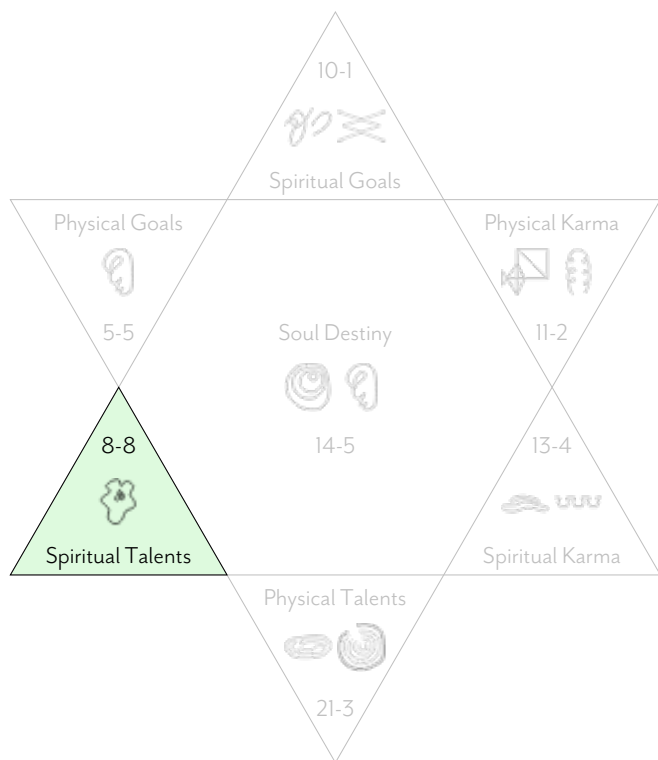


# Michael William Sampson

FULL BIRTH READING (ABBREVIATED)

## YOUR SPIRITUAL TALENTS

## SPIRITUAL TALENTS



This is the set of latent abilities within your ego personality that are to be brought up into consciousness and honed into their full positive expression by working through the Spiritual Karmic issues that are activated from the moment you were born.

At the beginning of your lifetime you usually have a small element of the karmic aspect of a given number within them that needs to be worked through in order to start manifesting their positive qualities.

As the Spiritual Talent energies flow into your Spiritual Karmic aspect, their ability to overcome these karmic issues depends upon on their relative power and quality versus the karmic issues.

As the Spiritual Talents get stronger through time by working through the Spiritual Karmic issues, they allow you to start working towards manifesting your Spiritual Goals. The ability of the Spiritual Talents to help you manifest more of your Spiritual Goals depends on their relative power and quality.

This flow of energy from the Spiritual Talent aspect to the adjacent Spiritual Karma and Spiritual Goal aspects is called the "fulcrum of the talents".



# Michael William Sampson

FULL BIRTH READING (ABBREVIATED)



8

## GENERIC CORE INTERPRETATION Primary insights into your spiritual journey

### Your Talents 8 Journey

High-frequency soul relating to Earth life

Clairvoyant with respect to the future

Feminine qualities are dominant

Right Hand extended to all

**Summary: Being grounded in your body and emotionally connecting with people**

## ASPECT SPECIFIC CORE INTERPRETATION Primary insights into your spiritual journey

### Your Spiritual Talents 8-8 Journey

To use your spiritual energy to serve people

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# Michael William Sampson

FULL BIRTH READING (ABBREVIATED)



8

## RECOMMENDATIONS For working with this aspect

### Recommendations for actualising your Spiritual Talents 8

**You need to become grounded**

You need healing for emotional trauma

Grounding processes

You need a lot of love from people

Increase body awareness with Therapies

Engage in socializing

Make commitments starting with little ones

Throw things away and let them go

Learn to look after your body

**Summary: Look after the body, connect to the Earth, set clear boundaries and enjoy life**

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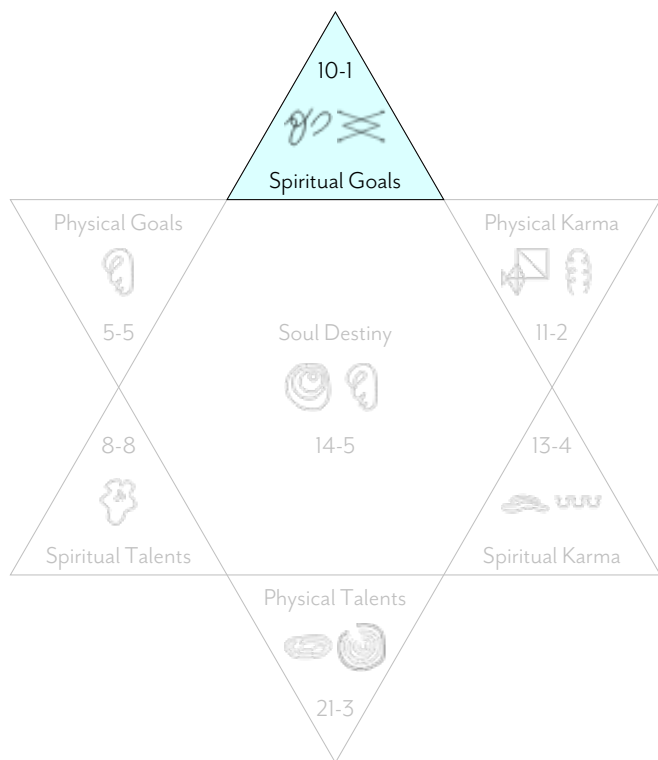
# Michael William Sampson

FULL BIRTH READING (ABBREVIATED)

## YOUR SPIRITUAL GOALS

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FULL BIRTH READING (ABBREVIATED)



10

1

## GENERIC CORE INTERPRETATION Primary insights into your spiritual journey

### Your Goals 10 Journey

To achieve conscious mastery

**Summary: Learning to use spiritual energies in service to others**

## GENERIC CORE INTERPRETATION Primary insights into your spiritual journey

### Your Goals 1 Journey

Learn proper use of power

**Summary: Becoming stable and using power properly**

## ASPECT SPECIFIC CORE INTERPRETATION Primary insights into your spiritual journey

### Your Spiritual Goals 10-1 Journey

Spiritual work carried out in spiritual realm

To attain full soul consciousness

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FULL BIRTH READING (ABBREVIATED)



10

## RECOMMENDATIONS For working with this aspect

Recommendations for achieving your Spiritual Goals 10  
**You need to acknowledge and reconnect to God**

Healing for all abuse

Focus on healing and awakening

Find inner peace

A meditative routine

Learning compassion is very important

Lightbody Integration work

**Summary: Use your spiritual energies in integrity to serve others**

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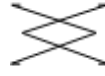
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# Michael William Sampson

FULL BIRTH READING (ABBREVIATED)



1

## RECOMMENDATIONS For working with this aspect

### Recommendations for achieving your Spiritual Goals 1

You need to come into empowerment

Routine and a stable environment will help

Healing for disempowerment

Reclaim your power with healing

Connect to Spirit using anything that helps

Needing love

Clear negative frequencies in your space

Summary: Spiritual discipline, eg meditation, yoga or martial arts

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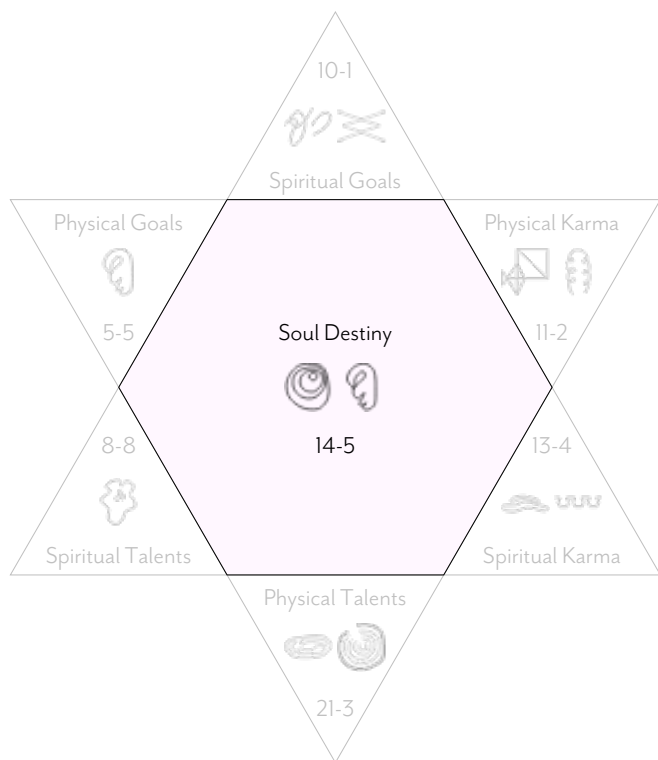
## YOUR SOUL DESTINY

## SOUL DESTINY

This is the real purpose of why your soul has come to Earth.

In order to achieve this, you need to consciously work through and transmute all of the issues revealed in the six outer aspects of your Star of David Chart; Physical Karma, Talents and Goals, Spiritual Karma, Talents and Goals as well as the challenges outlined specifically for your Soul Destiny. The Soul Destiny is gradually revealed to you in layers that build upon each other to make it easier for you to assimilate and manifest them in your life as you work through all of the aspects mentioned above.

Because the number 5 appears in multiple places in Your Soul Contract, those Recommendations shown below also appear on other pages. They are repeated here for ease of access.



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# Michael William Sampson

FULL BIRTH READING (ABBREVIATED)



## SOUL DESTINY CORE INTERPRETATION Primary insights into your spiritual journey

### Your Soul Destiny 14-5 Journey

Producing spiritual material, probably writing, channels will open.

You often go through life with a series of intense relationships to find out who you are; this can be disorientating.

Writing from your own experience, which is reflected back to you. Eventually, you channel new spiritual techniques after having walked the path of personal experience.

You spend your entire life finding out who you are through relationships.

The journey to achieving your Soul Destiny will feel like the karmic challenges of the 14-5 for most of your life. When you have worked through enough of the challenges of the six outer aspect triangles on your Star of David chart, you will begin to feel the positive state of the 14-5 as it starts to manifest.

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FULL BIRTH READING (ABBREVIATED)

**KARMIC CORE INTERPRETATION** Primary insights into your spiritual journey

## Your Karma 14 Journey

Do you experience very intense emotional relationships with those around you?

Karmic patterns for transmuting	The positive state to attain
Learning self-acceptance	Accepting yourself
Being stubborn	Becoming flexible
Can't obtain self-knowledge	Gain much self-knowledge
Being ungrounded	Grounding in your body

**Summary:** Lack of self-acceptance through relationships, using other people and being stubborn

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## KARMIC CORE INTERPRETATION Primary insights into your spiritual journey

### Your Karma 5 Journey

Is speaking the absolute truth important to you and did that get you in trouble with your family as a child?

Karmic patterns for transmuted	The positive state to attain
Fear of expressing truth	Expressing truth
May use intuitive abilities improperly	Valuing intuitive gifts
Temptation to achieve power improperly	Using power properly
Inability to adjust to society	Grounding and connecting with society
Being very floaty and ungrounded	Grounding in your body
Difficulty asserting yourself	Clearly and naturally asserting yourself
Disempowerment to suppress your truth	Stepping into your power

Summary: Fear of speaking your truth and manipulating others with your voice

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FULL BIRTH READING (ABBREVIATED)



14

## RECOMMENDATIONS For working with this aspect

Recommendations for manifesting your Soul Destiny 14  
**You need to discover the true self**

Pause from the intensity

**Summary: Chill out, spend time alone and learn to accept your self**

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FULL BIRTH READING (ABBREVIATED)



5

## RECOMMENDATIONS For working with this aspect

### Recommendations for manifesting your Soul Destiny 5

**You need to learn to speak the Truth**

Healing for any abuse

You need physically grounding activities

Keeping a diary may be helpful

Expressive activities such as singing

Space clearing due to your sensitivity

Attending an assertiveness course

**Summary: Speaking your truth grounds the energy and makes it tangible and accepting yourself as a pioneer**

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# Michael William Sampson

FULL BIRTH READING (ABBREVIATED)

## GO INTO GREATER DEPTH WITH YOUR COMPLETE BIRTH READING

There is already a lot of information in your abbreviated Full Birth Reading and we recommend you take all the time you need to absorb it. You will likely find that each time you read through it, you will notice something you haven't noticed before and that some things will start to make more sense once you have taken on board others.

Once you feel you are ready for more, your complete Full Birth Reading goes much deeper, with longer interpretations and several additional sections.

Even once you have read your complete Full Birth Reading, you may find it helpful to come back to your abbreviated Full Birth reading as it gives you a more digestible summary.

How you decide to use the two versions of your Full Birth Reading is up to you - each has its uses - so tune into which one is right for you at any particular time.

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